



Coconut Apricot Energy Balls

INGREDIENTS

1 cup dried apricots (pitted)
½ cup dates (pitted)
1 cup cashews or any tree nut
½ cup unsweetened shredded coconut
½ teaspoon vanilla extract
pinch salt (optional)

DIRECTIONS

1. Place all ingredients (all together) in a food processor.
2. Process until the ingredients are broken down and look like a coarse crumb. If you pinch it between your fingers, it should stick together.
3. Roll the mixture into 1-inch balls.

Servings: 24-30

ADAPTED FROM <https://happyhealthymama.com/coconut-apricot-energy-balls.html>

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